



5th International Shared Decision Making Conference

SHARED DECISION MAKING: VISION TO REALITY

ISDM 2009 Preconference Workshops Sunday, June 14 1:00-4:00 PM Fairmont Copley Plaza Hotel

Workshop 1: How to Pick Measures for Your Patient Decision Aid Study

Workshop Faculty: Karen Sepucha, PhD; Angela Coulter, PhD; Jennifer Kryworuchko, PhD; and Dawn Stacey, PhD

Course description: This course will cover the theoretical, practical, and evidence bases for selecting instruments to use in studies of patient decision aids. The focus will include issues and concepts related to evaluation of decision aids across the continuum from development through clinical trials to implementation. The impact that decision aids have demonstrated on outcomes across a range of studies from Cochrane reviews will be discussed. Criteria will be explored for critically appraising published instruments that are commonly used in studies of patient decision aids. By the end, participants will be able to determine the appropriateness of using existing instruments and understand what is involved in creating their own.

Workshop goals: At the end of the workshop, participants will be able to:

- Clarify goals for shared decision making and patient decision aids
- Identify measurable outcomes appropriate for pilot testing, clinical trials, and implementation studies.
- Critically appraise instruments used to measure common outcomes
- Identify gaps in current measures and propose a research agenda

Pre-requisites: None. Particularly relevant for attendees who are considering conducting a study of decision aids.

Workshop 2: How to Implement Patient Decision Aids and Shared Decision Making into Clinical Practice

Workshop Chairs:

- Richard Wexler, MD, Director, Patient Support Strategies, Foundation for Informed Medical Decision Making
- Megan Gassert, Implementation Manager, Foundation for Informed Medical Decision Making

Workshop Faculty:

- W. Blair Brooks, MD - Section Chief, General Internal Medicine, Dartmouth-Hitchcock Medical Center, Lebanon, NH
- Nan Cochrane MD - Associate Professor of Medicine (Ambulatory Care) and of Community and Family Medicine, Dartmouth-Hitchcock Medical Center/White River Junction VAMC
- John Fox, MD, MHA - Associate Vice President of Medical Affairs, Priority Health, Grand Rapids, MI
- Dominick Frosch, PhD – Associate Staff Scientist, Palo Alto Medical Foundation Research Institute
- Harriet Gudenburr, RN - Co-Director, AGH Informed Decision Making program, Allegheny Cancer Center, Allegheny General Hospital
- William Kormos, MD – Education Director, Stoeckle Center for Patient Care, Massachusetts General Hospital Chief, General Medicine Unit, Massachusetts General Hospital
- Carmen Lewis, MD –Assistant Professor, Division of General Internal Medicine, UNC Department of Medicine
- Dustin Lillie, MD - Medical Director, UCSD Scripps Ranch Clinic or William Sieber, PhD - Assistant Clinical Professor, Research Director, UCSD Family Medicine
- John Seigne MB - Dartmouth-Hitchcock Medical Center, Urology
- Ivan Tomek MD - Dartmouth-Hitchcock Medical Center, Orthopaedic Surgery

Course description: This course will focus on implementing decision aids (DAs) and shared decision-making (SDM) into primary care and specialty care practice. It will cover, on both strategic and tactical levels, the challenges of identifying the right patients at the right time for DA viewing and decision support, distributing DAs and encouraging their viewing, providing decision support and evaluating the impact of DAs and SDM in various “real-world settings.” Challenges will be identified, and successes will be celebrated.

Workshop Goals:

- Review strategies and experiences of using DAs and SDM in clinical practice sites
- Summarize the challenges and successes of integrating DAs and SDM into clinical practice sites
- Discuss with workshop participants their own experiences with implementing patient DAs and SDM in the clinical setting

Pre-requisites: None. Particularly relevant for attendees who are either currently working to integrate DAs and SDM into practice or are interested in doing so.

Workshop 3: Shared Decision Making: Trying it Out...

Workshop Faculty: Glyn Elwyn, PhD; Cathy Charles, PhD; and others

Workshop description: This course will cover the basic concepts of shared decision making (principles and competences). There will be opportunities to simulate scenario-based consultations and to receive feedback, using small group methods. In addition, we will consider approaches to measurement and assessment, both for research and for communication skill development.

Learning objectives: At the end of the workshop participants will be able to:

- Understand the principles of shared decision making
- Conduct simulated consultations using the competences of shared decision making
- Design and develop similar workshops for use in their own contexts
- Use assessment instruments to evaluate shared decision making encounters

Pre-requisites: no restrictions or pre-requisites.

Workshop 4: Medical Education in Shared Decision Making – a Train-the-Trainer Approach to Enhance Physicians' SDM-Specific Communication Skills

Workshop Chairs:

- Martin Härter, MD, PhD - Head of the Department of Medical Psychology, University Medical Centre Hamburg-Eppendorf
- Andreas Loh, PhD - Research Associate, University Medical Center Freiburg, Dept. of Primary Care

Workshop Faculty:

- Angela Buchholz , PhD; Laura Schäfer, Dipl. Psych -University Medical Center Freiburg, Dept. of Psychiatry and Psychotherapy
- Christiane Bieber, MD; Wolfgang Eich, MD; Jennifer Nicolai, PhD - University Medical Center Heidelberg

Overall aim of the workshop: to present and discuss a shared decision-making (SDM) train-the-trainer program for health care professionals.

Description of the workshop: We address trainers and lecturers in medical education with an evaluated training program for physicians in SDM. The program was developed within the “German Research Network on Shared Decision Making” and implemented in form of several training courses into practice since 2005. The experiences gained in this implementation process have been integrated in this innovative SDM-train-the-trainer approach.

The workshop includes a review of scientific evidence and expertise regarding effective didactic concepts, various approaches to train physicians and other health care professionals in SDM and different disease areas, e.g. internal medicine, oncology, and mental health. In addition, there will be room to gain practical experience with regard to the presented concepts.

Training materials like decision boards, videotapes for training purposes, lecture slides and presentations as well as evaluation data will be presented. Possible ways and approaches of medical education (e.g. pre- or post-licensure medical education, CME, workshops) will be outlined and discussed.

Learning Objectives to be covered in the workshop: Attendees will gain knowledge and experience on how to develop and conduct effective SDM training interventions in different settings. This includes

- how to teach health professional in using SDM in the medical encounter
- to get to know different didactic methods as role plays, presentation, group discussion and to learn in which situations they are appropriate

- how to change the programme modules for the attendees' different working environments

Pre-requisite knowledge or other requirements for attendees: Interest in teaching shared decision-making.